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ON THE PYTHAGOREAN THEOREM AND THE TRIANGLE INEQUALITY

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1. Introduction. The Pythagorean proposition states that

$$(1) \quad (P_0P_1)^2 + (P_0P_2)^2 = (P_1P_2)^2,$$

if and only if the vectors P_0P_1 and P_0P_2 are orthogonal. If P_0P_1, \dots, P_0P_3 are orthogonal, then the areas of the faces of $P_0P_1P_2P_3$ satisfy the following equation:

$$(2) \quad (P_0P_1P_2)^2 + (P_0P_1P_3)^2 + (P_0P_2P_3)^2 = (P_1P_2P_3)^2;$$

however, examples show that (2) may hold even if P_0P_1, \dots, P_0P_3 are not mutually orthogonal. The triangle inequality states that $(P_1P_2) \leq (P_0P_1) + (P_0P_2)$, and that the equality holds, if and only if P_0 is a point in the segment P_1P_2 . Similarly,

$$(3) \quad (P_1P_2P_3) \leq (P_0P_1P_2) + (P_0P_1P_3) + (P_0P_2P_3),$$

and the equality holds, if and only if P_0 is a point in the triangle $P_1P_2P_3$. There are generalizations of all these results for the m -simplex in R^n , and this note uses known theorems, especially theorems on determinants, to establish them.

2. The 3-simplex. Let $P_k: (x_k^1, \dots, x_k^n)$, $k=0, 1, \dots, 3$, be points in R^n , and let v_k , with components $(x_k^1 - x_0^1, \dots, x_k^n - x_0^n)$, be the vectors from P_0 to P_1, P_2, P_3 . Let (v_i, v_j) denote the inner product of v_i and v_j , and let $(P_1P_2P_3)$ denote the area of the face $P_1P_2P_3$ of $P_0 \dots P_3$.

Theorem 1. If $P_0 \dots P_3$ is the simplex just described, then

$$(4) \quad (P_1P_2P_3)^2 = \frac{1}{(2!)^2} \left[\left| \begin{matrix} (v_2, v_2) & (v_2, v_3) \\ (v_3, v_2) & (v_3, v_3) \end{matrix} \right| + \left| \begin{matrix} (v_1, v_1) & (v_1, v_3) \\ (v_3, v_1) & (v_3, v_3) \end{matrix} \right| + \left| \begin{matrix} (v_1, v_1) & (v_1, v_2) \\ (v_2, v_1) & (v_2, v_2) \end{matrix} \right| \right] \\ + \frac{2}{(2!)^2} \left[(-1)^{1+2} \left| \begin{matrix} (v_2, v_1) & (v_2, v_3) \\ (v_3, v_1) & (v_3, v_3) \end{matrix} \right| + (-1)^{1+3} \left| \begin{matrix} (v_2, v_1) & (v_2, v_2) \\ (v_3, v_1) & (v_3, v_2) \end{matrix} \right| \right. \\ \left. + (-1)^{2+3} \left| \begin{matrix} (v_1, v_1) & (v_1, v_2) \\ (v_3, v_1) & (v_3, v_2) \end{matrix} \right| \right].$$

Proof. The proof will be given first for a simplex P_0, \dots, P_3 in R^3 . The methods are completely general, however, and they can be used to prove the theorem in R^n . Let the points be $P_k: (x_k, y_k, z_k)$, $k=0, 1, 2, 3$. Then [1, p. 167, 171]

$$(5) \quad (P_1P_2P_3)^2 = \frac{1}{(2!)^2} \left[\left| \begin{matrix} x_1 & y_1 & 1 \\ x_2 & y_2 & 1 \\ x_3 & y_3 & 1 \end{matrix} \right|^2 + \left| \begin{matrix} x_1 & z_1 & 1 \\ x_2 & z_2 & 1 \\ x_3 & z_3 & 1 \end{matrix} \right|^2 + \left| \begin{matrix} y_1 & z_1 & 1 \\ y_2 & z_2 & 1 \\ y_3 & z_3 & 1 \end{matrix} \right|^2 \right].$$

By an elementary property of determinants,

$$(6) \quad \begin{vmatrix} x_1 & y_1 & 1 \\ x_2 & y_2 & 1 \\ x_3 & y_3 & 1 \end{vmatrix} = \begin{vmatrix} x_1-x_0 & y_1-y_0 & 1 \\ x_2-x_0 & y_2-y_0 & 1 \\ x_3-x_0 & y_3-y_0 & 1 \end{vmatrix}.$$

Expand the determinant on the right in (6) by minors of elements in the third column. Similar transformations of the other two determinants in (5) show that

$$(7) \quad (P_1 P_2 P_3)^2 = \frac{1}{(2!)^2} \left[\left\{ \begin{vmatrix} x_2-x_0 & y_2-y_0 \\ x_3-x_0 & y_3-y_0 \end{vmatrix} - \begin{vmatrix} x_1-x_0 & y_1-y_0 \\ x_3-x_0 & y_3-y_0 \end{vmatrix} \right. \right. \\ + \left. \begin{vmatrix} x_1-x_0 & y_1-y_0 \\ x_2-x_0 & y_2-y_0 \end{vmatrix} \right\}^2 + \left\{ \begin{vmatrix} x_2-x_0 & z_2-z_0 \\ x_3-x_0 & z_3-z_0 \end{vmatrix} - \begin{vmatrix} x_1-x_0 & z_1-z_0 \\ x_3-x_0 & z_3-z_0 \end{vmatrix} \right. \\ + \left. \begin{vmatrix} x_1-x_0 & z_1-z_0 \\ x_2-x_0 & z_2-z_0 \end{vmatrix} \right\}^2 + \left\{ \begin{vmatrix} y_2-y_0 & z_2-z_0 \\ y_3-y_0 & z_3-z_0 \end{vmatrix} \right. \\ - \left. \begin{vmatrix} y_1-y_0 & z_1-z_0 \\ y_3-y_0 & z_3-z_0 \end{vmatrix} + \begin{vmatrix} y_1-y_0 & z_1-z_0 \\ y_2-y_0 & z_2-z_0 \end{vmatrix} \right\}^2 \right].$$

Square the expressions as indicated in (7) and collect the results in six braces. There are three similar expressions, the first of which is

$$(8) \quad \frac{1}{(2!)^2} \left\{ \begin{vmatrix} x_2-x_0 & y_2-y_0 \\ x_3-x_0 & y_3-y_0 \end{vmatrix}^2 + \begin{vmatrix} x_2-x_0 & z_2-z_0 \\ x_3-x_0 & z_3-z_0 \end{vmatrix}^2 + \begin{vmatrix} y_2-y_0 & z_2-z_0 \\ y_3-y_0 & z_3-z_0 \end{vmatrix}^2 \right\}.$$

There are three other similar expressions, the first of which is

$$(9) \quad \frac{2(-1)^{1+2}}{(2!)^2} \left\{ \begin{vmatrix} x_2-x_0 & y_2-y_0 \\ x_3-x_0 & y_3-y_0 \end{vmatrix} \begin{vmatrix} x_1-x_0 & y_1-y_0 \\ x_3-x_0 & y_3-y_0 \end{vmatrix} \right. \\ + \left. \begin{vmatrix} x_2-x_0 & z_2-z_0 \\ x_3-x_0 & z_3-z_0 \end{vmatrix} \begin{vmatrix} x_1-x_0 & z_1-z_0 \\ x_3-x_0 & z_3-z_0 \end{vmatrix} + \begin{vmatrix} y_2-y_0 & z_2-z_0 \\ y_3-y_0 & z_3-z_0 \end{vmatrix} \begin{vmatrix} y_1-y_0 & z_1-z_0 \\ y_3-y_0 & z_3-z_0 \end{vmatrix} \right\}.$$

Use the Binet-Cauchy multiplication theorem for determinants [1, pp. 589-591] to write (8) in the following form:

$$(10) \quad \frac{1}{(2!)^2} \begin{vmatrix} (v_2, v_2) & (v_2, v_3) \\ (v_3, v_2) & (v_3, v_3) \end{vmatrix}.$$

There are similar determinants for the two expressions similar to (8). Use the Binet-Cauchy multiplication theorem for determinants again to represent (9) as follows

$$(11) \quad \frac{2(-1)^{1+2}}{(2!)^2} \begin{vmatrix} (v_2, v_1) & (v_2, v_3) \\ (v_3, v_1) & (v_3, v_3) \end{vmatrix}.$$

There are similar determinants for the two expressions similar to (9). Equation (7) and the results indicated in (10) and (11) show that (4) is true, and the proof of Theorem 1 is complete for $P_0 P_1 P_2 P_3$ in R^3 .

The formula in (4) does not contain the dimension of the space in which P_0, P_1, P_2, P_3 are located. A review of the proof of the formula shows that it is valid in the form (4), if $P_0 P_1 P_2 P_3$ is in R^n . \square

Corollary 1. If v_1, v_2, v_3 in Theorem 1 are mutually orthogonal vectors, then

$$(12) \quad (P_1 P_2 P_3)^2 = (P_0 P_1 P_2)^2 + (P_0 P_1 P_3)^2 + (P_0 P_2 P_3)^2.$$

Proof. If v_1, v_2, v_3 are mutually orthogonal, then

$$(13) \quad (v_1, v_2) = 0, (v_1, v_3) = 0, (v_2, v_3) = 0.$$

Then, the last three determinants on the right in (4) are each equal to zero because each contains a row of zeros. Also [1, p. 167],

$$(14) \quad (P_0 P_2 P_3)^2 = \frac{1}{(2!)^2} \begin{vmatrix} (v_2, v_2) & (v_2, v_3) \\ (v_3, v_2) & (v_3, v_3) \end{vmatrix},$$

and the second and third determinants on the right in (4) have similar interpretations. Thus, if v_1, v_2, v_3 are mutually orthogonal, (4) is equivalent to (12). \square

3. The m -simplex in R^n . The methods employed in Section 2 can be extended without change to treat a m -simplex in R^n . Let $P_k: (x_k^1, \dots, x_k^n)$, $k=0, 1, \dots, m$, be the vertices of a simplex $P_0 P_1 \dots P_m$ in R^n , and let v_k be the vector whose components are $(x_k^1 - x_0^1, \dots, x_k^n - x_0^n)$.

Theorem 2. If v_1, \dots, v_m are the vectors related to the simplex $P_0 P_1 \dots P_m$ as just described, the volume $(P_1 \dots P_m)$ of $P_1 \dots P_m$ is given by the following formula

$$(15) \quad (P_1 \dots P_m)^2 = \frac{1}{[(m-1)!]^2} \sum_{i=1}^n \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix}^T + \frac{2}{[(m-1)!]^2} \sum (-1)^{i+j} \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_j \\ \dots \\ v_m \end{bmatrix}^T.$$

An explanation of the notation in (15) is necessary. The superscript T denotes the transpose of the matrix on which it is placed. A circumflex $\widehat{}$ over a symbol means that the symbol is omitted from the sequence in which it occurs. The second summation in (15) is extended over all i, j such that $1 \leq i < j \leq m$. Finally,

$$(16) \quad \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_j \\ \dots \\ v_m \end{bmatrix}^T = \det \begin{bmatrix} (v_1, v_1) & \dots & (v_1, \widehat{v}_j) & \dots & (v_1, v_m) \\ \dots & \dots & \dots & \dots & \dots \\ (\widehat{v}_i, v_1) & \dots & (\widehat{v}_i, \widehat{v}_j) & \dots & (\widehat{v}_i, v_m) \\ \dots & \dots & \dots & \dots & \dots \\ (v_m, v_1) & \dots & (v_m, \widehat{v}_j) & \dots & (v_m, v_m) \end{bmatrix}.$$

Proof of Theorem 2. The volume $(P_1 \dots P_m)$ is given by the following formula [1, Exercise 20.6, p. 171]

$$(17) \quad (P_1 \dots P_m)^2 = \frac{1}{[(m-1)!]^2} \sum \begin{vmatrix} x_1^{i_1} & \dots & x_1^{i_{m-1}} & 1 \\ \dots & \dots & \dots & \dots \\ x_m^{i_1} & \dots & x_m^{i_{m-1}} & 1 \end{vmatrix}^2$$

The summation in (17) extends over all sets $\{i_1, \dots, i_{m-1}\}$ such that $1 \leq i_1 < i_2 < \dots < i_{m-1} \leq n$. Multiply the last column of the determinant in (17) by $x_0^{i_1}$ and subtract it from the first column; multiply the last column by $x_0^{i_2}$ and subtract it from the second column; and so forth. Then expand each determinant by minors of elements in the last column. By using the Binet-Cauchy multiplication theorem for determinants as in Section 2, the resulting expression can be transformed into the formula in (15). \square

The formula in (15), in the special case in which $m=2$, is the Law of Cosines in trigonometry.

4. The Pythagorean theorem. Let $P_0P_1P_2$ be a triangle in R^n . The Pythagorean proposition states that

$$(18) \quad (P_1P_2)^2 = (P_0P_1)^2 + (P_0P_2)^2,$$

if and only if the vectors P_0P_1 and P_0P_2 are orthogonal. The next theorem contains this theorem and its (partial) generalization for simplexes $P_0P_1 \dots P_m$ with $m > 2$.

Theorem 3. Let P_0P_1, \dots, P_m , $m \geq 2$, be the simplex in Section 3. If v_1, \dots, v_m are mutually orthogonal, then

$$(19) \quad (P_1 \dots P_m)^2 = \sum_{i=1}^m (P_0P_1 \dots \widehat{P}_i \dots P_m)^2.$$

If $m=2$, then (19) holds only if v_1 and v_2 are orthogonal; but if $m > 2$, then (19) holds in many cases in which v_1, \dots, v_m are not mutually orthogonal.

Proof. The statement in (19) will be proved by showing that each determinant in the second summation in (15) is zero, if v_1, \dots, v_m are mutually orthogonal. Since $1 \leq i < j \leq m$, then (16) shows that

$$(20) \quad \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_j \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ v_i \\ \dots \\ \widehat{v}_j \\ \dots \\ v_m \end{bmatrix}^T$$

contains the row

$$(21) \quad (v_j, v_1), \dots, (v_j, v_i), \dots, (v_j, \widehat{v}_j), \dots, (v_j, v_m).$$

If v_1, \dots, v_m are mutually orthogonal, then this row consists entirely of zeros and (20) equals zero. Thus, (19) is true, if v_1, \dots, v_m are mutually orthogonal.

If $m=2$, the second summation in (15) contains the single term (v_1, v_2) . Thus, (19) holds for $m=2$, if and only if v_1 and v_2 are orthogonal.

The proof of Theorem 3 will now be completed by constructing an example to show that, if $m>2$, then (19) may be true even if v_1, \dots, v_m are not mutually orthogonal. Let P_0, \dots, P_3 be the following points:

$$(22) \quad P_0: (0, 0, 0), P_1: (1, 0, 0), P_2: (0, 1, 0), P_3: (x, y, z).$$

Assume that

$$(23) \quad xy - x - y = 0.$$

Then

$$(24) \quad v_1 = (1, 0, 0), v_2 = (0, 1, 0), v_3 = (x, y, z),$$

and a straightforward calculation shows that the second summation in (15) is

$$(25) \quad -\det \begin{bmatrix} v_2 \\ v_3 \end{bmatrix} \begin{bmatrix} v_1 \end{bmatrix}^T + \det \begin{bmatrix} v_3 \\ v_1 \end{bmatrix} \begin{bmatrix} v_2 \end{bmatrix}^T - \det \begin{bmatrix} v_1 \\ v_3 \end{bmatrix} \begin{bmatrix} v_1 \end{bmatrix}^T = xy - x - y = 0.$$

The equation in (23) is satisfied, if $x=0$ and $y=0$, and in this case v_1, v_2, v_3 are mutually orthogonal. In all other cases, v_3 is not orthogonal to v_1 and v_2 ; nevertheless, the relation (19) holds for $P_0P_1\dots P_3$.

5. The triangle inequality. The following lemma is needed in the proof of the general case of the triangle inequality.

Lemma 1. Let $P_0P_1\dots P_m$ be the simplex in Section 3. Then

$$(26) \quad \text{abs. val.} \left\{ \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_j \\ \dots \\ v_m \end{bmatrix}^T \right\} \\ \leq \left\{ \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix}^T \right\}^{1/2} \left\{ \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_j \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_j \\ \dots \\ v_m \end{bmatrix}^T \right\}^{1/2}.$$

Proof. By the Binet-Cauchy multiplication theorem for determinants, the determinant on the left in (26) can be written as a sum of products of determinants [compare (8), ..., (11)]. Apply the Schwarz inequality [1, p. 606] to this sum of products. Then use the Binet-Cauchy multiplication theorem again, in order to state the result in the form shown in (26). \square

Theorem 4. Let $P_0P_1\dots P_m, m \geq 2$, be the simplex in Section 2. Then

$$(27) \quad (P_1\dots P_m) \leq \sum_{i=1}^m (P_0P_1\dots \widehat{P}_i\dots P_m).$$

Proof. By (15), $(P_1\dots P_m)^2$ is equal to or less than the sum of the absolute values of all the terms on the right. Apply Lemma 1. It is known [1, Ex-20.6, p. 171] that

$$(28) \quad (P_0 P_1 \dots \widehat{P}_i \dots P_m)^2 = \frac{1}{[(m-1)!]^2} \det \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_1 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix}^T.$$

Thus, the inequality obtained from (15) can be written as follows

$$(29) \quad (P_1 \dots P_m)^2 \leq \sum_{i=1}^m (P_0 \dots \widehat{P}_i \dots P_m)^2 + 2 \sum (P_0 \dots \widehat{P}_i \dots P_m)(P_0 \dots \widehat{P}_j \dots P_m).$$

The second sum on the right is extended over all i, j such that $1 \leq i < j \leq m$. Thus,

$$(30) \quad (P_1 \dots P_m)^2 \leq \left\{ \sum_{i=1}^m (P_0 \dots \widehat{P}_i \dots P_m)^2 \right\},$$

and (30) is equivalent to (27). \square

We now investigate conditions under which the equality holds in (27). The following lemma is needed.

Lemma 2. Let $P_k: (x_k^1, \dots, x_k^n)$, $k=1, \dots, m$, be points in R^n , $m-1 \leq n$, and let

$$(31) \quad P_0 = \left(\sum_{k=1}^m t_k x_k^1, \dots, \sum_{k=1}^m t_k x_k^n, \sum_{k=1}^m t_k = 1 \right).$$

Then

$$(32) \quad \sum_{i=1}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m) = \left(\sum_{k=1}^m |t_k| \right) (P_1 \dots P_m).$$

Furthermore, if P_0 is a point of the form (31), then

$$(33) \quad (P_1 \dots P_m) = \sum_{i=1}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m),$$

if and only if

$$(34) \quad 0 \leq t_k \leq 1, \quad \sum_{k=1}^m t_k = 1;$$

that is, (33) holds, if and only if P_0 is a point in $P_1 \dots P_m$.

Proof. Formula (17) shows that

$$(P_0 P_1 \dots \widehat{P}_i \dots P_m)^2 = \frac{1}{[(m-1)!]^2} \sum \begin{vmatrix} x_0^i & \dots & x_0^{i, m-1} & 1 \\ \dots & \dots & \dots & \dots \\ \widehat{x}_i^i & \dots & \widehat{x}_i^{i, m-1} & 1 \\ \dots & \dots & \dots & \dots \\ x_m^i & \dots & x_m^{i, m-1} & 1 \end{vmatrix}^2.$$

Multiply the row corresponding to P_k , $k=1, \dots, \widehat{i}, \dots, m$, by t_k and subtract it from the first row. The result shows that $(P_0 P_1 \dots \widehat{P}_i \dots P_m) = |t_i| (P_1 \dots P_m)$, and (32) follows. Now (32) shows that

$$(35) \quad \sum_{i=1}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m) > (P_1 \dots P_m),$$

unless $\sum_{k=1}^n |t_k| = 1$, and this equation is true, if and only if (34) is satisfied. Now P_0 in (31) is in $P_1 \dots P_m$, if and only if (34) holds. Thus, (35) holds if P_0 in (31) is not in $P_1 \dots P_m$, and (33) holds if P_0 is in $P_1 \dots P_m$. \square

Theorem 5. Let $P_1 \dots P_m$ be a simplex in R^n , $m-1 \leq n$, such that

$$(36) \quad (P_1 \dots P_m) > 0.$$

If P_0 is in $P_1 \dots P_m$, then

$$(37) \quad (P_1 \dots P_m) = \sum_{i=1}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m);$$

if P_0 is not in $P_1 \dots P_m$, then

$$(38) \quad (P_1 \dots P_m) < \sum_{i=1}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m).$$

Proof. Lemma 2 has shown that (37) is true, if P_0 is in $P_1 \dots P_m$, and that (38) is true, if P_0 is a point of the form shown in (31) but not in $P_1 \dots P_m$. The proof of Theorem 5 can be completed by showing that (38) is true for all points P_0 , which cannot be represented as shown in (31). The proof proceeds as follows: Let $P_0: (x_0^1, \dots, x_0^n)$ be a point in R^n , which is not in the plane of $P_1 \dots P_m$, and let $H: (h^1, \dots, h^n)$ be the foot of the perpendicular from P_0 onto the plane of $P_1 \dots P_m$. Then

$$(39) \quad (HP_1 \dots \widehat{P}_1 \dots P_m) < (P_0 P_1 \dots \widehat{P}_i \dots P_m), \quad i=1, \dots, m,$$

$$(40) \quad \sum_{i=1}^m (HP_1 \dots \widehat{P}_i \dots P_m) < \sum_{i=0}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m).$$

If H is in $P_1 \dots P_m$, the sum on the left in (40) equals $(P_1 \dots P_m)$ by Lemma 2, and (38) follows. If H is not in $P_1 \dots P_m$, then

$$(41) \quad (P_1 \dots P_m) < \sum_{i=1}^m (HP_1 \dots \widehat{P}_i \dots P_m)$$

again by Lemma 2, and (38) follows from (40) and (41). The proofs of these statements follow.

Let $v_k: (v_k^1, \dots, v_k^n)$, $k=0, 2, \dots, m$, be the vector with components $(x_k^1 - x_1^1, \dots, x_k^n - x_1^n)$. For every point (x^1, \dots, x^n) in the plane of $P_1 \dots P_m$ there are numbers t_2, \dots, t_m in R such that

$$(48) \quad (u_k^1, \dots, u_k^n) = (x_k^1 - h^1, \dots, x_k^n - h^n), \quad k = 1, 2, \dots, m.$$

In the first determinant in (47), subtract the first row from each of the other rows and expand by minors of elements in the last column; in the second determinant in (47), subtract the second row from each row which follows it and then expand by minors of elements in the last column. Thus, the sum of middle terms becomes, except for a constant multiplier, the following:

$$(49) \quad \Sigma \begin{vmatrix} u_1^{i_1} \dots u_1^{i_{m-1}} & \dots & u_1^{i_m} \\ u_2^{i_1} \dots u_2^{i_{m-1}} & \dots & u_2^{i_m} \\ \dots & \dots & \dots \\ \widehat{u}_i^{i_1} \dots \widehat{u}_i^{i_{m-1}} & \dots & \widehat{u}_i^{i_m} \\ \dots & \dots & \dots \\ u_m^{i_1} \dots u_m^{i_{m-1}} & \dots & u_m^{i_m} \end{vmatrix} \begin{vmatrix} w^{i_1} \dots w^{i_{m-1}} \\ v_2^{i_1} \dots v_2^{i_{m-1}} \\ \dots \\ \widehat{v}_i^{i_1} \dots \widehat{v}_i^{i_{m-1}} \\ \dots \\ v_m^{i_1} \dots v_m^{i_{m-1}} \end{vmatrix}.$$

By the Binet-Cauchy multiplication theorem for determinants, the sum in (49) equals

$$(50) \quad \det \begin{vmatrix} u_1 & \dots & w \\ u_2 & \dots & v_2 \\ \dots & \dots & \dots \\ \widehat{u}_i & \dots & \widehat{v}_i \\ \dots & \dots & \dots \\ u_m & \dots & v_m \end{vmatrix}^T.$$

Now u_1, \dots, u_m lie in the plane of $P_1 \dots P_m$, and w is a normal to this plane. Thus, $(u_k, w) = 0$ for $k = 1, \dots, m$ and the determinant in (50) is zero. Finally, a similar analysis shows that the sum of squares of the second determinant in (47) is

$$(51) \quad \det \begin{vmatrix} w & \dots & w \\ v_2 & \dots & v_2 \\ \dots & \dots & \dots \\ \widehat{v}_i & \dots & \widehat{v}_i \\ \dots & \dots & \dots \\ v_m & \dots & v_m \end{vmatrix}^T.$$

Now v_2, \dots, v_m are in the plane of $P_1 \dots P_m$, and w is normal to this plane; thus, $(v_k, w) = 0$ for $k = 2, \dots, m$. Therefore, the determinant in (51) simplifies to

$$(52) \quad (\omega, \omega) \det \begin{bmatrix} v_2 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_2 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix}^T.$$

Collect results, beginning with (45); the analysis has shown that

$$(53) \quad (P_0 P_1 \dots \widehat{P}_i \dots P_m)^2 = (HP_1 \dots \widehat{P}_i \dots P_m)^2 + \frac{(\omega, \omega)}{(m-1)^2}$$

$$\times \left\{ \frac{1}{[(m-2)!]^2} \det \begin{bmatrix} v_2 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix} \begin{bmatrix} v_2 \\ \dots \\ \widehat{v}_i \\ \dots \\ v_m \end{bmatrix}^T \right\}$$

for $i=2, \dots, m$. Now $(\omega, \omega) > 0$ since, by hypothesis, P_0 is not in the plane of $P_1 \dots P_m$. Also (compare (28); [1, p. 167-170]), the expression in the curly braces in (53) is the square of the measure (area, volume, etc.) of $P_1 P_2 \dots \widehat{P}_i \dots P_m$. Now $(P_1 P_2 \dots P_m)$ equals the product of $1/(m-1)$, the length of the altitude from P_i to the plane of $\widehat{P}_1 \dots \widehat{P}_i \dots P_m$, and the square root of the expression in the braces in (53); therefore, the hypothesis in (36) that $(P_1 \dots P_m) > 0$ shows that the expression in the braces is positive. Thus, (53) shows that $(HP_1 \dots \widehat{P}_i \dots P_m) < (P_0 P_1 \dots \widehat{P}_i \dots P_m)$ for $i=2, \dots, m$. A similar analysis shows that the same inequality holds for $i=1$. Finally, (39), (40) and (41) show that (38) is true as stated, and the proof of Theorem 5 is complete. \square

Another statement of the general triangle inequality is the following: If $P_1 \dots P_m$ is a simplex in R^n such that $(P_1 \dots P_m) > 0$, then $\sum_{i=1}^m (P_0 P_1 \dots \widehat{P}_i \dots P_m)$, considered as a function of P_0 , takes on its minimum value at each point of $P_1 \dots P_m$, and this minimum value is $(P_1 \dots P_m)$.

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