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# SOME COEFFICIENT ESTIMATES FOR POLYNOMIALS ON THE UNIT INTERVAL 

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#### Abstract

In this paper we present some inequalities about the moduli of the coefficients of polynomials of the form $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$, where $a_{0}, \ldots, a_{n} \in \mathbb{C}$. They can be seen as generalizations, refinements or analogues of the famous inequality of P. L. Chebyshev, according to which $\left|a_{n}\right| \leq 2^{n-1}$ if $\left|\sum_{\nu=0}^{n} a_{\nu} x^{\nu}\right| \leq 1$ for $-1 \leq x \leq 1$.


1. Chebyshev Polynomials $\boldsymbol{T}_{\boldsymbol{n}}$. Using de Moivre's theorem, i.e. the formula

$$
\cos n \theta+\mathrm{i} \sin n \theta=(\cos \theta+\mathrm{i} \sin \theta)^{n}
$$

we readily see that $\cos n \theta$ can be expressed as a polynomial of degree $n$ in $\cos \theta$. The polynomial $T_{n}$ such that

$$
\begin{equation*}
T_{n}(\cos \theta) \equiv \cos n \theta \tag{1}
\end{equation*}
$$

is called the Chebyshev polynomial of the first kind of degree $n$.

Formula (1) implies that $\left|T_{n}(x)\right| \leq 1$ for $-1 \leq x \leq 1$ and that

$$
T_{n}\left(\cos \frac{\nu \pi}{n}\right)=(-1)^{\nu} \quad(\nu=0,1, \ldots, n)
$$

From (1), it also follows that the zeros of $T_{n}$ are

$$
\cos \frac{(2 \nu-1) \pi}{2 n} \quad(\nu=1, \ldots, n)
$$

Clearly, they all lie in the open interval $(-1,1)$. Writing (1) in the form

$$
T_{n}\left(\frac{\mathrm{e}^{\mathrm{i} \theta}+\mathrm{e}^{-\mathrm{i} \theta}}{2}\right) \equiv \frac{\mathrm{e}^{\mathrm{i} n \theta}+\mathrm{e}^{-\mathrm{i} n \theta}}{2} \quad(\theta \in \mathbb{R})
$$

we see that

$$
\tau(z):=z^{n} T_{n}\left(\frac{z+z^{-1}}{2}\right)-\frac{z^{2 n}+1}{2}
$$

is a polynomial of degree not exceeding $2 n$, which vanishes at each point of the unit circle. Since a polynomial of degree at most $2 n$ cannot vanish at more than $2 n$ points without being identically zero, we conclude that

$$
\begin{equation*}
T_{n}\left(\frac{z+z^{-1}}{2}\right) \equiv \frac{z^{n}+z^{-n}}{2} \quad(z \neq 0) \tag{2}
\end{equation*}
$$

Let $T_{n}(z):=\sum_{\nu=0}^{n} t_{n, \nu} z^{\nu}$ be the Maclaurin expansion of $T_{n}$. Then, comparing the coefficients of $z^{n}$ on the two sides of (2) we find that

$$
\begin{equation*}
t_{n, n}=2^{n-1} \tag{3}
\end{equation*}
$$

i.e. the leading coefficient in the Maclaurin expansion of $T_{n}$ is $2^{n-1}$. It is useful to know that

$$
\begin{equation*}
T_{n}(z):=\frac{n}{2} \sum_{k=0}^{\lfloor n / 2\rfloor}(-1)^{k} \frac{(n-k-1)!}{k!(n-2 k)!}(2 z)^{n-2 k} \tag{4}
\end{equation*}
$$

2. The polynomial inequality of Chebyshev. The polynomials $\left\{T_{n}\right\}$ are known to have several remarkable extremal properties. They play an important role in the Theory of Approximation and related areas of mathematics. Let $\mathcal{P}_{m}$ denote the class of all algebraic polynomials of degree at most $m$. For any function $\Phi \in C[a, b]$, let

$$
E_{n}[\Phi]=\inf _{P \in \mathcal{P}_{n}}\left\{\max _{x \in[a, b]}|\Phi(x)-P(x)|\right\}
$$

A polynomial $P^{*} \in \mathcal{P}_{n}$ is said to be a polynomial of best approximation to $\Phi$ if

$$
E_{n}[\Phi]=\max _{a \leq x \leq b}\left|\Phi(x)-P^{*}(x)\right|
$$

By a classical result of P. L. Chebyshev, a polynomial $P^{*} \in \mathcal{P}_{n}$ is a polynomial of best approximation to $\Phi$ if there exist $n+2$ points

$$
a \leq x_{0}<\cdots<x_{n+1} \leq b
$$

such that

$$
\pm(-1)^{\nu}\left[\Phi\left(x_{\nu}\right)-P^{*}\left(x_{\nu}\right)\right]=\max _{a \leq x \leq b}\left|\Phi(x)-P^{*}(x)\right| \quad(\nu=0, \ldots, n+1)
$$

i.e. if $\Phi(x)-P^{*}(x)$ takes on the values $\pm \max _{a \leq x \leq b}\left|\Phi(x)-P^{*}(x)\right|$ in alternating succession at the points $x_{0}, \ldots, x_{n+1}$. This alternation theorem shows, in particular, that $P^{*}$ is unique. For a historical perspective of the alternation theorem, we refer the reader to an interesting article of Butzer and Jongemans [2].

As an example, let us find the best uniform approximation of the function $\Phi(x):=x^{n}$ on $[-1,1]$ by polynomials in $\mathcal{P}_{n-1}$. Clearly, the polynomial of best approximation must be real. In view of (3), we can write

$$
x^{n}=\frac{T_{n}(x)}{2^{n-1}}+\text { a polynomial in } \mathcal{P}_{n-1}
$$

Since $T_{n}(x)$ takes the value +1 and -1 at $n+1$ points in $[-1,1]$ and $n+1$ can be written as $(n-1)+2$, the alternation theorem shows that the desired polynomial of best approximation to $x^{n}$, in $\mathcal{P}_{n-1}$, is the polynomial

$$
x^{n}-\frac{1}{2^{n-1}} T_{n}(x)
$$

Equivalently, the monic polynomial $P^{*}(x)=x^{n}+a_{n-1} x^{n-1}+\cdots+a_{0}$ of best approximation to the function $\Phi(x) \equiv 0$ on the interval $[-1,1]$ is the Chebyshev polynomial $2^{1-n} T_{n}(x)$. The maximum deviation of this polynomial from zero is $2^{1-n}$.

The above discussion may be summarized as follows.
Theorem A. Let $T_{n}(x):=\sum_{\nu=0}^{n} t_{n, \nu} x^{\nu}$ be the Chebyshev polynomial of the first kind of degree $n$. Then, for any polynomial $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of degree at most $n$, not identically zero, we have

$$
\begin{equation*}
\frac{\left|a_{n}\right|}{\max _{-1 \leq x \leq 1}|f(x)|} \leq \frac{t_{n, n}}{\max _{-1 \leq x \leq 1}\left|T_{n}(x)\right|}=2^{n-1} \tag{5}
\end{equation*}
$$

## 3. Upper bound for $\left|a_{n}\right|$ and the distribution of the zeros

of $\boldsymbol{f}$. In (5), equality holds if and only if $f(z) \equiv e^{i \gamma} T_{n}(z), \gamma \in \mathbb{R}$. It was shown by Schur [16] that if the polynomial $f(z):=\sum_{\nu=0}^{n} a_{\nu} z^{\nu}$ vanishes at $c=1$ or $c=-1$ and $|f(x)| \leq 1$ for $-1 \leq x \leq 1$, then

$$
\begin{equation*}
\left|a_{n}\right| \leq\left(\cos \frac{\pi}{4 n}\right)^{2 n} 2^{n-1} \tag{6}
\end{equation*}
$$

where equality holds if and only if

$$
f(z):=\mathrm{e}^{\mathrm{i} \gamma} T_{n}\left(z \cos ^{2} \frac{\pi}{4 n}-c \sin ^{2} \frac{\pi}{4 n}\right) \quad(\gamma \in \mathbb{R})
$$

In fact, the following more general result (see [9, Theorem 1]) holds.
Theorem B. Let $f(z):=\sum_{\nu=0}^{n} a_{\nu} z^{\nu}$ be a polynomial of degree $n$ such that $f(c)=0$ for some $c$ belonging to $[-1,-\cos (\pi / 2 n)) \cup(\cos (\pi / 2 n), 1]$. Furthermore, let $|f(x)| \leq 1$ at the points

$$
\xi_{\nu}=\xi_{\nu, c}:=\frac{c}{|c|} \frac{(1+|c|) \cos (\nu \pi / n)+c-(\operatorname{sign} c) \cos (\pi / 2 n)}{2 \cos ^{2}(\pi / 4 n)} \quad(1 \leq \nu \leq n) .
$$

Then

$$
\begin{equation*}
\left|a_{n}\right| \leq\left(\frac{1+\cos (\pi / 2 n)}{1+|c|}\right)^{n} 2^{n-1} \tag{7}
\end{equation*}
$$

The upper bound for $\left|a_{n}\right|$ given in (7) is attained for the polynomial

$$
\mathrm{e}^{\mathrm{i} \gamma} T_{n}\left(\frac{(1+\cos (\pi / 2 n)) z-c+(\operatorname{sign} c) \cos (\pi / 2 n)}{1+|c|}\right) \quad(\gamma \in \mathbb{R})
$$

which satisfies the conditions of Theorem B.
The above mentioned result of Schur has also been generalized [12, Theorem 2] as follows.

Theorem C. Inequality (6) holds for any polynomial $f(z):=\sum_{\nu=0}^{n} a_{\nu} z^{\nu}$ of degree $n$ with real coefficients which has at most $n-1$ distinct zeros in the open interval $(-1,1)$.

It was conjectured by K. Mahler and stated by him in some of his lectures (see $[20$, p. 15]) that if $f$ is as above, then

$$
\begin{equation*}
\exp \left\{\frac{1}{2 \pi} \int_{-\pi}^{\pi} \log \left|f\left(\mathrm{e}^{\mathrm{i} \theta}\right)\right| d \theta\right\} \leq 2^{n-1} \tag{8}
\end{equation*}
$$

It is well-known [18, p. 284d] that

$$
\frac{1}{2 \pi} \int_{-\pi}^{\pi} \log \left|\mathrm{e}^{\mathrm{i} \theta}-\zeta\right| d \theta=\log ^{+}|\zeta|:= \begin{cases}0 & \text { for }|\zeta| \leq 1 \\ \log |\zeta| & \text { for }|\zeta| \geq 1\end{cases}
$$

Hence, if $z_{1}, \ldots, z_{n}$ are the zeros of $f$ then

$$
\frac{1}{2 \pi} \int_{-\pi}^{\pi} \log \left|f\left(\mathrm{e}^{\mathrm{i} \theta}\right)\right| d \theta=\log \left|a_{n}\right|+\sum_{\nu=1}^{n} \log ^{+}\left|z_{\nu}\right|=\log \left|a_{n}\right|+\log \prod_{\left|z_{\nu}\right|>1}\left|z_{\nu}\right|
$$

where the product on the right is to be replaced by 1 if $\left|z_{\nu}\right| \leq 1$ for $1 \leq \nu \leq n$. Thus (8) is equivalent to the inequality

$$
\begin{equation*}
\left(\prod_{\left|z_{\nu}\right|>1}\left|z_{\nu}\right|\right)\left|a_{n}\right| \leq 2^{n-1} \tag{9}
\end{equation*}
$$

Turán [20] settled the conjecture of Mahler by proving it in the form (9).
Inequality (9) gives a quantitative improvement on (5) only if $f$ has some zeros outside the unit circle. However, as mentioned above, inequality (5) is strict unless $f(z) \equiv \mathrm{e}^{\mathrm{i} \gamma} T_{n}(z), \gamma \in \mathbb{R}$, and so certainly if some of the zeros of $f$ lie in $\mathbb{C} \backslash[-\cos (\pi / 2 n), \cos (\pi / 2 n)]$. Theorem B deals with the case where $f$ has a zero in $[-1,-\cos (\pi / 2 n)) \cup(\cos (\pi / 2 n), 1]$. What if $f$ has some zeros in $\mathbb{C} \backslash[-1,1]$ ? An answer to this question is to be found in Corollary 1. We shall deduce it from the following theorem, which is a refined version of a result from [11, Theorem 1].

Theorem 1. Let $\psi(\zeta):=\sum_{\mu=0}^{m} \gamma_{\mu} \zeta^{\mu}$ be a polynomial of degree $m$ such that $\gamma_{0} \bar{\gamma}_{m}>0$ and $\left|\psi\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)\right| \leq 1$ for $\ell=0,1, \ldots, m-1$. Furthermore, let $\zeta_{1}, \ldots, \zeta_{J}$ be amongst the zeros of $\psi$, where $1 \leq J \leq m$. Then

$$
\begin{equation*}
\frac{\left|\gamma_{0}\right|}{\prod_{j=1}^{J}\left|\zeta_{j}\right|}+\left|\gamma_{m}\right| \prod_{j=1}^{J}\left|\zeta_{j}\right| \leq 1 \tag{10}
\end{equation*}
$$

The following modified form of a famous inequality of C. Visser [21] plays an important role in the proof of Theorem 1.

Lemma 1. Let $\phi(\zeta):=\sum_{\mu=0}^{m} c_{\mu} \zeta^{\mu}$ be a polynomial of degree $m$ such that $c_{0} \bar{c}_{m}>0$. Furthermore, let $\left|\phi\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)\right| \leq 1$ for $\ell=0,1, \ldots, m-1$. Then

$$
\left|c_{0}\right|+\left|c_{m}\right| \leq 1
$$

Proof. Let $\omega:=\mathrm{e}^{2 \ell \pi \mathrm{i} / m}$, where $\ell \in\{1, \ldots, m-1\}$. Then $\omega^{m}=1$ and because $\omega \neq 1$, we have

$$
\sum_{\mu=0}^{m-1}\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)^{\mu}=\sum_{\mu=0}^{m-1} \omega^{\mu}=\frac{1-\omega^{m}}{1-\omega}=0 \quad(\ell=1, \ldots, m-1)
$$

Hence

$$
\sum_{\ell=0}^{m-1}\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)^{\mu}=\sum_{\ell=0}^{m-1}\left(\mathrm{e}^{2 \mu \pi \mathrm{i} / m}\right)^{\ell}=0 \quad(\mu=1, \ldots, m-1)
$$

and so

$$
\sum_{\ell=0}^{m-1} \phi\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)=\sum_{\ell=0}^{m-1} c_{0}+\sum_{\mu=1}^{m-1} c_{\mu} \sum_{\ell=0}^{m-1}\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)^{\mu}+\sum_{\ell=0}^{m-1} c_{m}=m\left(c_{0}+c_{m}\right)
$$

Since $c_{0} \bar{c}_{m}>0$, this implies that

$$
\left|c_{0}\right|+\left|c_{m}\right|=\left|c_{0}+c_{m}\right| \leq \frac{1}{m} \sum_{\ell=0}^{m-1}\left|\phi\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)\right| \leq 1
$$

Proof of Theorem 1. Let

$$
\phi(\zeta):=\psi(\zeta) \prod_{j=1}^{J} \frac{\bar{\zeta}_{j} \zeta-1}{\zeta-\zeta_{j}}
$$

Then $\phi(\zeta):=\sum_{\mu=0}^{m} c_{\mu} \zeta^{\mu}$, where

$$
c_{0}=\frac{\gamma_{0}}{\prod_{j=1}^{J} \zeta_{j}} \quad \text { and } \quad c_{m}=\gamma_{m} \prod_{j=1}^{J} \bar{\zeta}_{j}
$$

and so

$$
c_{0} \bar{c}_{m}=\frac{\gamma_{0}}{\prod_{j=1}^{J} \zeta_{j}} \bar{\gamma}_{m} \prod_{j=1}^{J} \zeta_{j}=\gamma_{0} \bar{\gamma}_{m}>0
$$

Furthermore, $\left|\phi\left(\mathrm{e}^{2 \ell \pi \mathrm{i} / m}\right)\right| \leq 1$ for $\ell=0,1, \ldots, m-1$ since

$$
\left|\frac{\bar{\zeta}_{j} \zeta-1}{\zeta-\zeta_{j}}\right|=1 \quad(|\zeta|=1)
$$

Thus, Lemma 1 applies and so (10) holds.
We are ready to state and prove our refinement of Chebyshev's inequality, which takes into account each and every zero that does not belong to $[-1,1]$.

Corollary 1. Let $f(z):=a_{n} \prod_{\nu=1}^{n}\left(z-z_{\nu}\right), a_{n} \neq 0$, and suppose that

$$
\begin{equation*}
\left|f\left(\cos \frac{k \pi}{n}\right)\right| \leq 1 \quad(k=0,1, \ldots, n) \tag{11}
\end{equation*}
$$

Furthermore, for any $z_{\nu} \notin[-1,1]$ let $R_{\nu}$ denote the sum of the semi-axes of the ellipse whose foci lie at $\pm 1$ and which passes through $z_{\nu}$; otherwise let $R_{\nu}=1$. Then

$$
\begin{equation*}
\left(R_{1} \ldots R_{n}+\frac{1}{R_{1} \ldots R_{n}}\right)\left|a_{n}\right| \leq 2^{n} \tag{12}
\end{equation*}
$$

Proof. Let

$$
\psi(\zeta):=\zeta^{n} f\left(\frac{\zeta+\zeta^{-1}}{2}\right)
$$

Then $\psi(\zeta):=\sum_{\nu=0}^{2 n} \gamma_{\nu} \zeta^{\nu}$, where

$$
\begin{equation*}
\gamma_{0}=\gamma_{2 n}=2^{-n} a_{n} \tag{13}
\end{equation*}
$$

In particular, $\gamma_{0} \bar{\gamma}_{2 n}=2^{-2 n}\left|a_{n}\right|^{2}>0$. Furthermore,

$$
\left|\psi\left(\exp \left(\frac{2 \ell \pi \mathrm{i}}{2 n}\right)\right)\right|=\left|f\left(\cos \frac{\ell \pi}{n}\right)\right| \leq 1 \quad(\ell=0,1, \ldots, 2 n-1)
$$

since

$$
\cos \frac{\ell \pi}{n}=\cos \frac{(2 n-\ell) \pi}{n} \quad(\ell=n+1, \ldots, 2 n-1) .
$$

Thus, $\psi$ satisfies the conditions of Theorem 1 with $m=2 n$.
For any given $R>1$, let $C_{R}$ denote the circle $\zeta=R \mathrm{e}^{\mathrm{i} t}, 0 \leq t \leq 2 \pi$. Also, let $\mathcal{E}_{R}$ be the ellipse whose foci lie at $\pm 1$ and whose semi-axes are

$$
\frac{R+R^{-1}}{2} \quad \text { and } \quad \frac{R-R^{-1}}{2}
$$

It may be noted that as $\zeta$ goes around the circle $C_{R}$, the point $z:=\left(\zeta+\zeta^{-1}\right) / 2$ describes the ellipse $\mathcal{E}_{R}$ once counterclockwise, starting at the point $\left(R+R^{-1}\right) / 2$. Hence, corresponding to a zero $z_{\nu}$ of $f$, not belonging to $[-1,1]$, there is a number $\zeta_{\nu}$ lying outside the closed unit disc such that

$$
\begin{equation*}
\frac{1}{2}\left(\zeta_{\nu}+\zeta_{\nu}^{-1}\right)=z_{\nu} \tag{14}
\end{equation*}
$$

In fact, $\left|\zeta_{\nu}\right|$ is equal to $R_{\nu}$, the sum of the semi-axes of the ellipse whose foci lie at $\pm 1$ and which passes through $z_{\nu}$.

Note that

$$
\frac{1}{2}\left(\zeta+\zeta^{-1}\right)=z_{\nu}
$$

has a double root at $\zeta=1$ if $z_{\nu}=1$ and a double root at $\zeta=-1$ if $z_{\nu}=-1$. For any $z_{\nu} \in(-1,1)$ there are two different values of $\zeta_{\nu}$, both of modulus 1 , that satisfy (14). So, we take $R_{\nu}=\left|\zeta_{\nu}\right|=1$ if $z_{\nu}$ is a zero of $f$ that lies somewhere in $[-1,1]$.

Amongst the zeros of $\psi$ we can therefore count $n$ zeros $\zeta_{1}, \ldots, \zeta_{n}$ with $\left|\zeta_{\nu}\right|=R_{\nu} \geq 1$ for $\nu=1, \ldots, n$. Applying Theorem 1 with $m=2 n, J=n$ and taking note of (13), by which $\gamma_{0} \bar{\gamma}_{2 n}>0$, we see that (12) holds.

Remark 1. In [11, Corollary 4], inequality (12) was obtained under the assumption that $|f(x)| \leq 1$ for $-1 \leq x \leq 1$. Some other interesting results appear in [7]. The result, stated above as Corollary 1, first appeared in [9], but the proof presented here is different.

It is easily proved by induction that if $R_{1}, \ldots, R_{n}$ are as in Corollary 1, then

$$
\prod_{\nu=1}^{n} \frac{R_{\nu}^{2}+1}{2} \leq \frac{\prod_{\nu=1}^{n} R_{\nu}^{2}+1}{2}
$$

This is clearly equivalent to the inequality

$$
\begin{equation*}
\prod_{\nu=1}^{n} \frac{R_{\nu}+R_{\nu}^{-1}}{2} \leq \frac{\prod_{\nu=1}^{n} R_{\nu}+\prod_{\nu=1}^{n} R_{\nu}^{-1}}{2} \tag{15}
\end{equation*}
$$

which may be combined with (12) to obtain the following result.
Corollary 2. Under the conditions of Corollary 1, we have

$$
\begin{equation*}
\left(\prod_{\nu=1}^{n} \frac{R_{\nu}+R_{\nu}^{-1}}{2}\right)\left|a_{n}\right| \leq 2^{n-1} \tag{16}
\end{equation*}
$$

Since

$$
\left|z_{\nu}\right|=\left|\frac{\zeta_{\nu}+\zeta_{\nu}^{-1}}{2}\right| \leq \frac{R_{\nu}+R_{\nu}^{-1}}{2}
$$

we see that (12) is considerably stronger than (9). In addition, the hypothesis in Corollary 1 is quite a bit weaker. Instead of supposing $|f(x)|$ to be bounded by 1 on $[-1,1]$ we only require this restriction on $|f(x)|$ to be satisfied at the extrema of $T_{n}$.

The following result is an immediate consequence of Corollary 1.
Corollary 3. For any $R>1$, let $\mathcal{E}_{R}$ be the ellipse whose foci lie at $\pm 1$ and the sum of whose semi-axes is $R$. Furthermore, let $f(z):=a_{n} \prod_{\nu=1}^{n}\left(z-z_{\nu}\right)$ satisfy (11), and have at most $n-\ell$ zeros inside $\mathcal{E}_{R}$. Then

$$
\begin{equation*}
\left(R^{\ell}+R^{-\ell}\right)\left|a_{n}\right| \leq 2^{n} \tag{17}
\end{equation*}
$$

Corollary 3 says in particular that if $f(z) \neq 0$ inside $\mathcal{E}_{R}$, then

$$
\begin{equation*}
\left(R^{n}+R^{-n}\right)\left|a_{n}\right| \leq 2^{n} \tag{18}
\end{equation*}
$$

This estimate is sharp. In order to see this, let us consider the polynomial

$$
f_{R}(z):=\frac{2}{R^{n}+R^{-n}}\left(T_{n}(z)+\mathrm{i} \frac{R^{n}-R^{-n}}{2}\right)
$$

Clearly,

$$
\left|f_{R}(x)\right| \leq \frac{2}{R^{n}+R^{-n}} \sqrt{1+\left(\frac{R^{n}-R^{-n}}{2}\right)^{2}}=1 \quad(-1 \leq x \leq 1)
$$

Using (2) we find that

$$
\frac{R^{n}+R^{-n}}{2} f_{R}\left(\frac{\zeta+\zeta^{-1}}{2}\right)=\frac{\zeta^{n}+\zeta^{-n}}{2}+\mathrm{i} \frac{R^{n}-R^{-n}}{2}
$$

which is easily seen to vanish for

$$
\zeta=\zeta_{\nu}=R \mathrm{e}^{(4 \nu-1) \pi \mathrm{i} / 2 n} \quad(\nu=1, \ldots, n)
$$

Hence, $f_{R}(z)=0$ at each of the $n$ points

$$
z=z_{\nu}=\frac{1}{2}\left\{R \mathrm{e}^{(4 \nu-1) \pi \mathrm{i} / 2 n}+R^{-1} \mathrm{e}^{-(4 \nu-1) \pi \mathrm{i} / 2 n}\right\} \quad(\nu=1, \ldots, n)
$$

Since $f_{R}$ is a polynomial of degree $n$, it has no other zeros. Setting

$$
A:=\frac{R+R^{-1}}{2} \quad \text { and } \quad B:=\frac{R-R^{-1}}{2}
$$

the points $z_{\nu}$ can also be written as

$$
z_{\nu}=A \cos \frac{(4 \nu-1) \pi}{2 n}+\mathrm{i} B \sin \frac{(4 \nu-1) \pi}{2 n} \quad(\nu=1, \ldots, n)
$$

Thus, $f_{R}$ has all its zeros on the ellipse $\mathcal{E}_{R}$. Since $f_{R}(z)$ is of the form

$$
f_{R}(z)=\frac{2^{n}}{R^{n}+R^{-n}} z^{n}+\sum_{\nu=0}^{n-1} a_{\nu} z^{\nu}
$$

we conclude that the bound for $\left|a_{n}\right|$, given by (18), cannot be improved even if (11) is replaced by the stronger condition: " $|f(x)| \leq 1$ for $-1 \leq x \leq 1$ ".
4. Relevance of the points $\left\{\cos \frac{\boldsymbol{k} \boldsymbol{\pi}}{\boldsymbol{n}}\right\}$. Corollary 1 says that in (5) we may replace $\max _{-1 \leq x \leq 1}|f(x)|$ by the maximum of $|f(x)|$ at the extrema of the (extremal) polynomial $T_{n}$. One might wonder about the reason behind it. The following result (see [3, Theorems 4 and 5]) provides an explanation.

Theorem D. Let $t_{0}<\cdots<t_{n}$ be an arbitrary set of $n+1$ real numbers. Setting $P(z):=\prod_{\nu=0}^{n}\left(z-t_{\nu}\right)$ let $t_{0, k}<\cdots<t_{n-k, k}$ be the zeros of $P^{(k)}$, the $k$-th derivative of $P$. In addition, let $y_{0}, \ldots, y_{n}$ be any set of $n+1$ non-negative numbers, not all zero, and denote by $\pi_{n}$ the unique polynomial of degree at most $n$ such that $\pi_{n}\left(t_{\nu}\right)=(-1)^{n-\nu} y_{\nu}$ for $\nu=0,1, \ldots, n$. Then, for any real polynomial $f$ of degree at most $n$, other than $f(z) \equiv \pm \pi_{n}(z)$, such that $\left|f\left(t_{\nu}\right)\right| \leq y_{\nu}$ for $\nu=0,1, \ldots, n$, we have

$$
\begin{equation*}
|f(z)|<\left|\pi_{n}(z)\right| \quad\left(\left|z-\frac{t_{0}+t_{n}}{2}\right| \geq\left|\frac{t_{n}-t_{0}}{2}\right|, z \notin\left\{t_{0}, t_{n}\right\}\right) \tag{19}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|f^{(k)}(z)\right|<\left|\pi_{n}^{(k)}(z)\right| \quad(k=1, \ldots, n) \tag{20}
\end{equation*}
$$

if $z$ satisfies

$$
\left|z-\frac{t_{0, k}+t_{n-k, k}}{2}\right| \geq\left|\frac{t_{n-k, k}-t_{0, k}}{2}\right|, z \notin\left\{t_{0, k}, t_{n-k, k}\right\} .
$$

Remark 2. The case $k=n$ of (20) says that if $\pi_{n}(z):=\sum_{\nu=0}^{n} \pi_{n, \nu} z^{\nu}$, then $\left|a_{n}\right|<\left|\pi_{n, n}\right|$ unless $f(z) \equiv \pm \pi_{n}(z)$. This is a good deal more than what Theorem A says. In the important case where $t_{\nu}=\cos (\nu \pi / n)$, inequality (19) goes back to S. Bernstein [1] and to Erdős [4]. One may consult [14, Chapter 12] for related results. The following application of (19) gives a meaningful refinement of (5) provided that $n$ is odd.

Theorem 2. For any odd integer $n$, let $t_{0}=-1<\cdots<t_{n}=1$ be a set of $n+1$ real numbers such that $t_{\nu}=-t_{n-\nu}$ for $\nu=0,1, \ldots, n$. Also, let $y_{0}, \ldots, y_{n}$ be a set of $n+1$ non-negative numbers, not all zero, satisfying the condition $y_{\nu}=y_{n-\nu}$ for $\nu=0,1, \ldots, n$. Finally, let $\pi_{n}(z):=\sum_{\nu=0}^{n} \pi_{n, \nu} z^{\nu}$ be the unique polynomial of degree at most $n$ for which $\pi_{n}\left(t_{\nu}\right)=(-1)^{n-\nu} y_{\nu}$ for $\nu=0,1, \ldots, n$. Then for any real polynomial $f(z):=\sum_{\nu=0}^{n} a_{\nu} z^{\nu}$ of degree at most $n$, other than $f(z) \equiv \pm \pi_{n}(z)$, satisfying $\left|f\left(t_{\nu}\right)\right| \leq y_{\nu}$ for $\nu=0,1, \ldots, n$, we have

$$
\begin{equation*}
\left|a_{n}\right|+\left|a_{0}\right|<\pi_{n, n} \tag{21}
\end{equation*}
$$

Proof. Because of the restrictions on $\left\{t_{\nu}\right\}$ and $\left\{y_{\nu}\right\}$, the polynomial $\pi_{n}$ must be odd, and so $\pi_{n, 0}=0$. Without loss of generality we may assume $a_{n}$ to be positive. Applying (19) with $t_{0}:=-1$ and $t_{n}:=1$ we see that $|f(z)|<\left|\pi_{n}(z)\right|$ if $|z| \geq 1, z \neq \pm 1$. Hence, the polynomial $\pi_{n}(z)-f(z)$ has all its zeros in $\mathcal{E}:=\{z \in \mathbb{C}:|z|<1\} \cup\{-1,1\}$. We claim that the zeros cannot all lie at $\pm 1$. In fact, if they did then $\pi_{n}(x)-f(x)$ would be either strictly positive or strictly negative on $(-1,1)$. If it was strictly positive then in particular we would have

$$
-y_{n-1}-f\left(t_{n-1}\right)=\pi_{n}\left(t_{n-1}\right)-f\left(t_{n-1}\right)>0
$$

which is not possible since $\left|f\left(t_{n-1}\right)\right| \leq y_{n-1}$ by hypothesis. Similarly, if $\pi_{n}(x)-f(x)$ was strictly negative on $(-1,1)$ then for $x=t_{n-2}$ we would obtain
$f\left(t_{n-2}\right)>y_{n-2}$, which is a contradiction since $f\left(t_{n-2}\right)$ is supposed to be bounded above by $y_{n-2}$. Thus, the polynomial

$$
\pi_{n}(z)-f(z)=\left(\pi_{n, n}-a_{n}\right) z^{n}+\sum_{\nu=1}^{n-1}\left(\pi_{n, n-\nu}-a_{n-\nu}\right) z^{n-\nu}-a_{0}
$$

which has has all its zeros in $\mathcal{E}$, has at least one in $\{z \in \mathbb{C}:|z|<1\}$. Since $\mathcal{E} \subset\{z \in \mathbb{C}:|z| \leq 1\}$ this implies that

$$
\left|a_{0}\right|<\pi_{n, n}-a_{n}
$$

and so (21) holds.
5. Bounds for the other coefficients. Generalizing Theorem A, Wladimir Markoff ([8]; see also [5]) found sharp bounds for all the Maclaurin coefficients of a polynomial $f$ of degree at most $n$ in terms of its maximum modulus on $[-1,1]$.

Theorem E. Let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a polynomial of degree at most $n$ such that $|f(x)| \leq 1$ for $-1 \leq x \leq 1$. Then, $\left|a_{n-2 \mu}\right|$ is bounded above by the modulus of the corresponding coefficient of $T_{n}$ for $\mu=0, \ldots,\lfloor n / 2\rfloor$, and $\left|a_{n-1-2 \mu}\right|$ is bounded above by the modulus of the corresponding coefficient of $T_{n-1}$ for $\mu=0, \ldots,\lfloor(n-1) / 2\rfloor$.

Erdős [4, p. 1176] remarked that if the coefficients of $f(z):=\sum_{\nu=0}^{n} a_{\nu} z^{\nu}$ are all real, then $\sum_{\nu=0}^{n}\left|a_{\nu}\right|$ is maximal for $f(z) \equiv \pm T_{n}(z)$. According to him, Szegő proved that $\left|a_{2 k}\right|+\left|a_{2 k+1}\right|$ is maximal for $f(z) \equiv \pm T_{n}(z)$, which is stronger than the observation made by Erdős himself. Unfortunately, Szegő never published his proof. Erdős learned about the result orally (see [4, p. 1176]) from Szegő. It would be nice to know Szegő's proof of his result.

A few years ago (see [3, Theorem 3]) we proved the following result, which covers that of Szegő.

Theorem F. Let $x_{0}<\cdots<x_{n}$ be $n+1$ real numbers, and let $y_{0}, \ldots, y_{n}$ be a sequence of $n+1$ non-negative numbers, where we suppose that $x_{\nu}=-x_{n-\nu}$ and $y_{\nu}=y_{n-\nu}$ for $\nu=0, \ldots, n$, and that $\sum_{\nu=0}^{n} y_{\nu}>0$. In addition, let $F(x):=\sum_{\mu=0}^{\lfloor n / 2\rfloor} A_{n-2 \mu} x^{n-2 \mu}$ be the unique polynomial of degree $n$ such that $F\left(x_{\nu}\right)=(-1)^{n-\nu} y_{\nu}$ for $\nu=0, \ldots, n$. Furthermore, let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a real polynomial of degree at most $n$, whose modulus does not exceed that of $F$ at the points $x_{0}<\cdots<x_{n}$, that is

$$
\left|f\left(x_{\nu}\right)\right| \leq y_{\nu}=\left|F\left(x_{\nu}\right)\right| \quad(\nu=0, \ldots, n)
$$

Then,

$$
\begin{equation*}
\left|a_{n-2 k}\right|+\left|a_{n-2 k-1}\right| \leq\left|A_{n-2 k}\right| \quad\left(k=0, \ldots,\left\lfloor\frac{n-1}{2}\right\rfloor\right) \tag{22}
\end{equation*}
$$

Theorem F says, in particular, that if $T_{n}(x):=\sum_{\nu=0}^{\lfloor n / 2\rfloor} t_{n, \nu} x^{\nu}$ is the Chebyshev polynomial of the first kind of degree $n$ then, for any real polynomial $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of degree $n$ satisfying (11), we have

$$
\begin{equation*}
\left|a_{n-2 k}\right|+\left|a_{n-2 k-1}\right| \leq\left|t_{n, n-2 k}\right| \quad\left(k=0, \ldots,\left\lfloor\frac{n}{2}\right\rfloor\right) . \tag{23}
\end{equation*}
$$

Not only $T_{n}$ but all the ultraspherical polynomials $P_{n}^{(\lambda)}$ have the properties the polynomial $F$ of Theorem F is required to have for (22) to hold. This observation suggests an inequality, more general than (23), involving the coefficients of $P_{n}^{(\lambda)}$ for any $\lambda>-1 / 2$ (see Corollary 4). In order to present such a generalization of (23) we need to recall some basic facts about the polynomials $P_{n}^{(\lambda)}$. This will come in handy in connection with certain extensions (see Theorem 3 and Corollary 5) of the well-known $L^{2}$ analogues of Chebyshev's inequality, which we also intend to discuss in this paper.
6. The polynomials $\boldsymbol{P}_{\boldsymbol{n}}^{(\boldsymbol{\lambda})}$ and an extension of (23). For $\lambda \in$ $\left(-\frac{1}{2}, 0\right) \cup(0, \infty)$, the ultraspherical polynomials $P_{n}^{(\lambda)}$ are given ([17], see (4.7.1) on p. 81 and (4.7.31) on p. 85) by

$$
\begin{align*}
P_{n}^{(\lambda)}(x) & =\frac{\Gamma\left(\lambda+\frac{1}{2}\right)}{\Gamma(2 \lambda)} \frac{\Gamma(n+2 \lambda)}{\Gamma\left(n+\lambda+\frac{1}{2}\right)} P_{n}^{\left(\lambda-\frac{1}{2}, \lambda-\frac{1}{2}\right)}(x) \\
& =\sum_{k=0}^{\lfloor n / 2\rfloor}(-1)^{k} \frac{\Gamma(n-k+\lambda)}{\Gamma(\lambda) \Gamma(k+1) \Gamma(n-2 k+1)}(2 x)^{n-2 k} \tag{24}
\end{align*}
$$

Thus $P_{n}^{(\lambda)}$ is a multiple of the Jacobi polynomial $P_{n}^{\left(\lambda-\frac{1}{2}, \lambda-\frac{1}{2}\right)}$. The multiplicative factor

$$
\frac{\Gamma\left(\lambda+\frac{1}{2}\right)}{\Gamma(2 \lambda)} \frac{\Gamma(n+2 \lambda)}{\Gamma\left(n+\lambda+\frac{1}{2}\right)}
$$

which depends on $\lambda$ and $n$, vanishes for $\lambda=0$. It is known ([17, p. 82], see (4.7.8)) that

$$
\lim _{\lambda \rightarrow 0} \lambda^{-1} P_{n}^{(\lambda)}(x)=\frac{2}{n} T_{n}(x) \quad(n=1,2, \ldots)
$$

where $T_{n}$ is the Chebyshev polynomial of the first kind of degree $n$. Hence, we may define

$$
\begin{equation*}
P_{n}^{(0)}(x):=\frac{2}{n} T_{n}(x) \quad(n=1,2, \ldots) \tag{25}
\end{equation*}
$$

It is known $\left([17\right.$, p. 82], see $(4.7 .15))$ that if $\lambda \in\left(-\frac{1}{2}, 0\right) \cup(0, \infty)$, then

$$
\int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}} P_{n}^{(\lambda)}(x) P_{m}^{(\lambda)}(x) \mathrm{d} x=\left\{\begin{array}{cl}
0 & \text { if } m \neq n  \tag{26}\\
\frac{2^{1-2 \lambda} \pi \Gamma(n+2 \lambda)}{\{\Gamma(\lambda)\}^{2}(n+\lambda) \Gamma(n+1)} & \text { if } m=n
\end{array}\right.
$$

In view of (25), the corresponding formula for $\lambda=0$ is

$$
\int_{-1}^{1} P_{n}^{(0)}(x) P_{m}^{(0)}(x) \frac{\mathrm{d} x}{\sqrt{1-x^{2}}}=\left\{\begin{array}{cl}
0 & \text { if } m \neq n \\
\frac{2 \pi}{n^{2}} & \text { if } m=n \geq 1
\end{array}\right.
$$

We find it convenient to define

$$
P_{n}^{(\lambda) *}(x):=\left\{\begin{array}{cl}
\Gamma(\lambda) \sqrt{\frac{(n+\lambda) \Gamma(n+1)}{2^{1-2 \lambda} \pi \Gamma(n+2 \lambda)}} P_{n}^{(\lambda)}(x) & \text { if } \lambda>-\frac{1}{2}, \lambda \neq 0  \tag{27}\\
\frac{n}{\sqrt{2 \pi}} P_{n}^{(0)}(x) & \text { if } \lambda=0
\end{array}\right.
$$

Because of (26) and (26'), the polynomials $\left\{P_{n}^{(\lambda) *}\right\}, \lambda>-1 / 2$ are orthonormal in the sense that

$$
\int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}} P_{n}^{(\lambda) *}(x) P_{m}^{(\lambda) *}(x) \mathrm{d} x= \begin{cases}0 & \text { if } m \neq n  \tag{28}\\ 1 & \text { if } m=n\end{cases}
$$

For any given $\lambda>-1 / 2$ and any $n \geq 2$, let $x_{n, 1}(\lambda)<\ldots<x_{n, n-1}(\lambda)$ be the extrema of $P_{n}^{(\lambda) *}$ in $(-1,1)$. Then, Theorem F, applied with

$$
x_{0}:=-1, x_{\nu}:=x_{n, \nu}(\lambda) \text { for } \nu=1, \ldots, n-1, x_{n}:=1
$$

and

$$
y_{\nu}:=\left|P_{n}^{(\lambda) *}\left(x_{\nu}\right)\right| \quad(\nu=0, \ldots, n)
$$

gives us the following result.
Corollary 4. For any given $\lambda>-1 / 2$ and any integer $n \geq 2$, let

$$
\begin{equation*}
P_{n}^{(\lambda) *}(x):=\sum_{\nu=0}^{n} p_{n, \nu}^{(\lambda) *} x^{\nu} \tag{29}
\end{equation*}
$$

be the ultraspherical polynomial of degree $n$, as defined in (27). Also let $x_{1}:=$ $x_{n, 1}(\lambda), \ldots, x_{n-1}:=x_{n, n-1}(\lambda)$ be the extrema of $P_{n}^{(\lambda) *}$ in $(-1,1)$, arranged in increasing order. Furthermore, let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a real polynomial of degree at most $n$ such that

$$
\begin{equation*}
\left|f\left(x_{\nu}\right)\right| \leq\left|P_{n}^{(\lambda) *}\left(x_{\nu}\right)\right| \quad(\nu=0, \ldots, n) \tag{30}
\end{equation*}
$$

where $x_{0}:=-1$ and $x_{n}:=1$. Then,

$$
\begin{equation*}
\left|a_{n-2 k}\right|+\left|a_{n-2 k-1}\right| \leq\left|p_{n, n-2 k}^{(\lambda) *}\right| \quad\left(k=0, \ldots,\left\lfloor\frac{n-1}{2}\right\rfloor\right) \tag{31}
\end{equation*}
$$

7. A refined $L^{2}$ analogue of Chebyshev's inequality. In Corollary 4 we require $|f(x)|$ to be dominated by $\left|P_{n}^{(\lambda) *}(x)\right|$ at the points $x_{0}, x_{1}, \ldots, x_{n}$. How large can $\left|a_{n-2 k}\right|+\left|a_{n-2 k-1}\right|$ be if $|f(x)|$ is not necessarily bounded by $\left|P_{n}^{(\lambda) *}(x)\right|$ at any specific points of $[-1,1]$ but in some average sense, like

$$
\frac{\int_{-1}^{1} w(x)|f(x)|^{2} \mathrm{~d} x}{\int_{-1}^{1} w(x) \mathrm{d} x} \leq \frac{\int_{-1}^{1} w(x)\left|P_{n}^{(\lambda) *}(x)\right|^{2} \mathrm{~d} x}{\int_{-1}^{1} w(x) \mathrm{d} x}
$$

for some appropriate weight function $w$ ? We are able to shed some light on this question in the case where $w(x):=\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}$, the weight whose relevance is clear from (28).

As in (29), let $p_{n, n}^{(\lambda) *}$ denote the leading coefficient in the Maclaurin expansion of $P_{n}^{(\lambda) *}(x)$. Then, from (27), (24), (25) and (4), it follows that

$$
\begin{equation*}
p_{n, n}^{(\lambda) *}=2^{n} \sqrt{\frac{\Gamma(n+\lambda+1) \Gamma(n+\lambda)}{2^{1-2 \lambda} \pi \Gamma(n+1) \Gamma(n+2 \lambda)}} \quad\left(\lambda>-\frac{1}{2}\right) \tag{32}
\end{equation*}
$$

where the formula proves to be in order for $\lambda=0$ because $P_{n}^{(0)}:=(2 / n) T_{n}$.
Theorem 3. For any given $\lambda>-1 / 2$ and any integer $n \geq 2$, let $p_{n, n}^{(\lambda) *}$ denote the coefficient of $x^{n}$ in the Maclaurin expansion of the ultraspherical polynomial $P_{n}^{(\lambda) *}(x)$, as defined in (27). Furthermore, let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a polynomial of degree $n$ with coefficients in $\mathbb{C}$ such that

$$
\begin{equation*}
\int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}|f(x)|^{2} \mathrm{~d} x \leq \int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}\left|P_{n}^{(\lambda) *}(x)\right|^{2} \mathrm{~d} x=1 \tag{33}
\end{equation*}
$$

Then,

$$
\begin{equation*}
\left|a_{n}\right|^{2}+4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}\left|a_{n-1}\right|^{2} \leq\left\{p_{n, n}^{(\lambda) *}\right\}^{2} \tag{34}
\end{equation*}
$$

The inequality is best possible in the sense that the coefficient of $\left|a_{n-1}\right|^{2}$ in (34) cannot be replaced by any number larger than

$$
4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}
$$

It is well-known that the sharp upper bound for each of the two terms

$$
\left|a_{n}\right|^{2} \text { and } 4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}\left|a_{n-1}\right|^{2}
$$

appearing on the left-hand side of $(34)$ is $\left\{p_{n, n}^{(\lambda) *}\right\}^{2}$. So apparently, inequality (34) is not to be sneezed at. Nevertheless, in view of (31), it would be interesting to know the largest admissible value of $\varepsilon$ for the inequality

$$
\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right| \leq p_{n, n}^{(\lambda) *}
$$

to be true for any polynomial $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ satisfying the hypothesis of Theorem 3. The following corollary of Theorem 3 gives the sharp upper bound for $\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right|$ in terms of $\varepsilon>0$. The upper bound is larger than $p_{n, n}^{(\lambda) *}$ for any $\varepsilon>0$.

Corollary 5. For any given $\lambda>-1 / 2$ and any integer $n \geq 2$, let $p_{n, n}^{(\lambda) *}$ denote the coefficient of $x^{n}$ in the Maclaurin expansion of the ultraspherical polynomial $P_{n}^{(\lambda) *}(x)$, as defined in (27). Furthermore, let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a polynomial of degree $n$, with coefficients in $\mathbb{C}$, satisfying (33). Then,

$$
\begin{equation*}
\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right| \leq \sqrt{1+\frac{\varepsilon^{2}}{4} \frac{n(n+2 \lambda-1)}{(n+\lambda)(n+\lambda-1)}} p_{n, n}^{(\lambda) *} \quad(\varepsilon>0) \tag{35}
\end{equation*}
$$

The inequality is sharp. It cannot be improved even if the coefficients of $f$ are all real.

Proof of Theorem 3 . For any given $\lambda>-1 / 2$ there exist constants $b_{\nu}$ such that

$$
f(x)=\sum_{\nu=0}^{n} b_{\nu} P_{\nu}^{(\lambda) *}(x)
$$

Since $P_{\nu}^{(\lambda) *}$ is odd or even according as $n$ is odd or even, respectively, we note that $p_{n, n-1}^{(\lambda) *}=0$. Because of this fact, comparing the coefficients in the two expansions of $f(x)$ and taking (32) into account, we see that

$$
\begin{equation*}
a_{n}=p_{n, n}^{(\lambda) *} b_{n}=2^{n} \sqrt{\frac{\Gamma(n+\lambda+1) \Gamma(n+\lambda)}{2^{1-2 \lambda} \pi \Gamma(n+1) \Gamma(n+2 \lambda)}} b_{n} \tag{36}
\end{equation*}
$$

and

$$
\begin{equation*}
a_{n-1}=p_{n-1, n-1}^{(\lambda) *} b_{n-1}=2^{n-1} \sqrt{\frac{\Gamma(n+\lambda) \Gamma(n+\lambda-1)}{2^{1-2 \lambda} \pi \Gamma(n) \Gamma(n+2 \lambda-1)}} b_{n-1} \tag{37}
\end{equation*}
$$

The orthonormality of $\left\{P_{0}^{(\lambda) *}, P_{1}^{(\lambda) *}, P_{2}^{(\lambda) *}, \ldots\right\}$, given in (28), implies that

$$
\begin{equation*}
\int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}|f(x)|^{2} \mathrm{~d} x=\sum_{\nu=0}^{n}\left|b_{\nu}\right|^{2} \geq\left|b_{n}\right|^{2}+\left|b_{n-1}\right|^{2} \tag{38}
\end{equation*}
$$

where, for $n \geq 3$, the inequality becomes an equality if and only if $b_{0}, \ldots, b_{n-2}$ are all zero, that is, if and only if $f(x):=b_{n} P_{n}^{(\lambda) *}(x)+b_{n-1} P_{n-1}^{(\lambda) *}(x)$. From (33) and (38) it follows that

$$
\begin{equation*}
\left|b_{n}\right|^{2}+\left|b_{n-1}\right|^{2} \leq 1 \tag{39}
\end{equation*}
$$

By (37), we have

$$
4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}\left|a_{n-1}\right|^{2}=2^{2 n} \frac{\Gamma(n+\lambda+1) \Gamma(n+\lambda)}{2^{1-2 \lambda} \pi \Gamma(n+1) \Gamma(n+2 \lambda)}\left|b_{n-1}\right|^{2}
$$

which, in conjunction with (36), shows that

$$
\left|a_{n}\right|^{2}+4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}\left|a_{n-1}\right|^{2}=\left(\left|b_{n}\right|^{2}+\left|b_{n-1}\right|^{2}\right)\left\{p_{n, n}^{(\lambda) *}\right\}^{2}
$$

This, in view of (39), gives us the desired inequality (34).
In order to see that (34) is sharp let us consider, for any $t \in[0,1]$, the polynomial

$$
\begin{equation*}
f(x):=t \mathrm{e}^{\mathrm{i} \alpha} P_{n}^{(\lambda) *}(x)+\sqrt{1-t^{2}} \mathrm{e}^{\mathrm{i} \beta} P_{n-1}^{(\lambda) *}(x) \quad(\alpha \in \mathbb{R}, \beta \in \mathbb{R}) \tag{40}
\end{equation*}
$$

Then

$$
\begin{aligned}
\int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}|f(x)|^{2} \mathrm{~d} x & =t^{2} \int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}\left|P_{n}^{(\lambda) *}(x)\right|^{2} \mathrm{~d} x \\
& +\left(1-t^{2}\right) \int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}\left|P_{n-1}^{(\lambda) *}(x)\right|^{2} \mathrm{~d} x \\
& =1
\end{aligned}
$$

by (28). Considering the Maclaurin expansion $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of the polynomial defined in (40), we see that

$$
a_{n}=t \mathrm{e}^{\mathrm{i} \alpha} p_{n, n}^{(\lambda) *} \quad \text { and } \quad a_{n-1}=\sqrt{1-t^{2}} \mathrm{e}^{\mathrm{i} \beta} p_{n-1, n-1}^{(\lambda) *}
$$

Hence

$$
\begin{aligned}
\left|a_{n}\right|^{2}+4 & \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}\left|a_{n-1}\right|^{2} \\
& =t^{2}\left\{p_{n, n}^{(\lambda) *}\right\}^{2}+\left(1-t^{2}\right) 4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}\left\{p_{n-1, n-1}^{(\lambda) *}\right\}^{2} \\
& =t^{2}\left\{p_{n, n}^{(\lambda) *}\right\}^{2}+\left(1-t^{2}\right)\left\{p_{n, n}^{(\lambda) *}\right\}^{2}=\left\{p_{n, n}^{(\lambda) *}\right\}^{2}
\end{aligned}
$$

The above calculations also show that (34) would fail if its left-hand side was replaced by $\left|a_{n}\right|^{2}+c\left|a_{n-1}\right|^{2}$ with any

$$
c=c(n, \lambda)>4 \frac{(n+\lambda)(n+\lambda-1)}{n(n+2 \lambda-1)}
$$

Proof of Corollary 5. From (34) it follows that $\left|a_{n}\right| \leq p_{n, n}^{(\lambda) *}$ and then

$$
\left|a_{n-1}\right| \leq \frac{1}{2} \sqrt{\frac{n(n+2 \lambda-1)}{(n+\lambda)(n+\lambda-1))}} \sqrt{\left\{p_{n, n}^{(\lambda) *}\right\}^{2}-\left|a_{n}\right|^{2}}
$$

Hence $\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right| \leq \varphi\left(\left|a_{n}\right|\right)$, where

$$
\varphi(u):=u+\frac{\varepsilon}{2} \sqrt{\frac{n(n+2 \lambda-1)}{(n+\lambda)(n+\lambda-1))}} \sqrt{\left\{p_{n, n}^{(\lambda) *}\right\}^{2}-u^{2}}
$$

for $0 \leq u \leq p_{n, n}^{(\lambda) *}$. The function $\varphi$ has only one critical point

$$
u=\frac{1}{\sqrt{1+\frac{1}{4} \frac{n(n+2 \lambda-1)}{(n+\lambda)((n+\lambda-1)} \varepsilon^{2}}} p_{n, n}^{(\lambda) *}
$$

in $\left(0, p_{n, n}^{(\lambda) *}\right)$ and there it has a local maximum. Simple calculations then lead us to the estimate for $\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right|$ that is given in (35).

To see that (35) cannot be improved even if $f(x)$ is real for all real $x$, let

$$
\delta:=\frac{p_{n, n}^{(\lambda) *}}{p_{n-1, n-1}^{(\lambda) *}}=2 \sqrt{\frac{(n+\lambda+1)(n+\lambda)}{n(n+2 \lambda-1)}}
$$

and, for any $\varepsilon>0$, consider the real polynomial

$$
f(x ; \varepsilon):=\frac{\delta}{\sqrt{\varepsilon^{2}+\delta^{2}}} P_{n}^{(\lambda) *}(x)+\frac{\varepsilon}{\sqrt{\varepsilon^{2}+\delta^{2}}} P_{n-1}^{(\lambda) *}(x)=\sum_{\nu=0}^{n} a_{\nu} x^{\nu} .
$$

Then,

$$
a_{n}=\frac{\delta}{\sqrt{\varepsilon^{2}+\delta^{2}}} p_{n, n}^{(\lambda) *}
$$

and

$$
a_{n-1}=\frac{\varepsilon}{\sqrt{\varepsilon^{2}+\delta^{2}}} p_{n-1, n-1}^{(\lambda) *}=\frac{\varepsilon}{\delta \sqrt{\varepsilon^{2}+\delta^{2}}} p_{n, n}^{(\lambda) *}
$$

Clearly,

$$
\int_{-1}^{1}\left(1-x^{2}\right)^{\lambda-\frac{1}{2}}|f(x ; \varepsilon)|^{2} \mathrm{~d} x=\frac{\delta^{2}}{\delta^{2}+\varepsilon^{2}}+\frac{\varepsilon^{2}}{\delta^{2}+\varepsilon^{2}}=1
$$

and

$$
\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right|=\frac{\delta}{\sqrt{\varepsilon^{2}+\delta^{2}}} p_{n, n}^{(\lambda) *}+\frac{\varepsilon^{2}}{\delta \sqrt{\varepsilon^{2}+\delta^{2}}} p_{n, n}^{(\lambda) *}=\sqrt{1+\frac{\varepsilon^{2}}{\delta^{2}}} p_{n, n}^{(\lambda) *}
$$

This shows that (35) becomes an equality for the polynomial $f(x ; \varepsilon)$.
8. The $L^{\boldsymbol{p}}$ mean of $\boldsymbol{f}$ with Chebyshev weight. Let $\Phi(z):=$ $\sum_{\mu=0}^{m} c_{\mu} z^{\mu}$ be a polynomial of degree $m \geq 1$. In addition, let $A(z):=z^{m}+1$. It was shown by one of us [10, Theorem 2] that for any $p \in[1, \infty)$, we have

$$
\begin{equation*}
\left|c_{0}\right|+\left|c_{m}\right| \leq \frac{2}{\left(\frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|A\left(\mathrm{e}^{\mathrm{i} \theta}\right)\right|^{p} \mathrm{~d} \theta\right)^{1 / p}}\left(\frac{1}{2 \pi} \int_{-\pi}^{\pi}\left|\Phi\left(\mathrm{e}^{\mathrm{i} \theta}\right)\right|^{p} \mathrm{~d} \theta\right)^{1 / p} \tag{41}
\end{equation*}
$$

If $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ is a polynomial of degree $n$ then

$$
\Phi(z):=z^{n} f\left(\frac{z+z^{-1}}{2}\right)=\sum_{\nu=0}^{2 n} c_{\nu} z^{\nu}
$$

is a polynomial of degree $2 n$, where

$$
c_{0}=c_{2 n}=\frac{1}{2^{n}} a_{n}
$$

and (41) may be applied with $m=2 n$ to obtain

$$
\begin{align*}
\left|a_{n}\right| & \leq \frac{2^{n-1}}{\left(\frac{1}{\pi} \int_{0}^{\pi}|\cos n \theta|^{p} \mathrm{~d} \theta\right)^{1 / p}}\left(\frac{1}{\pi} \int_{0}^{\pi}|f(\cos \theta)|^{p} \mathrm{~d} \theta\right)^{1 / p} \\
& =\frac{2^{n-1}}{\left(\frac{1}{\pi} \int_{0}^{\pi}\left|T_{n}(x)\right|^{p} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}\right)^{1 / p}}\left(\frac{1}{\pi} \int_{-1}^{1}|f(x)|^{p} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}\right)^{1 / p} \tag{42}
\end{align*}
$$

for any $p \in[1, \infty)$. Note that this result is a direct consequence of (41) and that the restriction imposed on $p$ comes solely from the restriction on $p$ in that inequality. Hence, (42) should hold for any $p$ for which (41) may turn out to be true. In [13, Theorem 3], it was shown that (41) holds not only for $p \in[1, \infty)$ but also for $p \in(0,1)$. Hence, so does (42). Thus, the following result holds. Other references for this result are [6, p. 183] and [15, p. 120].

Theorem G. For any polynomial $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of degree $n$ and any $p \in(0, \infty)$, we have

$$
\begin{equation*}
\left|a_{n}\right| \leq 2^{n-1}\left(\frac{\pi \Gamma\left(\frac{p}{2}+1\right)}{\Gamma\left(\frac{p+1}{2}\right) \Gamma\left(\frac{1}{2}\right)}\right)^{1 / p}\left(\frac{1}{\pi} \int_{-1}^{1}|f(x)|^{p} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}\right)^{1 / p} \tag{43}
\end{equation*}
$$

The inequality is sharp for all $p \in(0, \infty)$.
It may be noted that

$$
\int_{-1}^{1} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}=\int_{0}^{\pi} \mathrm{d} \theta=\pi
$$

and that

$$
\left(\frac{1}{\pi} \int_{-1}^{1}|f(x)|^{p} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}\right)^{1 / p} \rightarrow \max _{-1 \leq x \leq 1}|f(x)| \text { as } x \rightarrow \infty
$$

Hence, (43) is a generalization of (5).
In looking for a generalization (of the case $\lambda=0$ ) of Theorem 3 in the spirit of Theorem G we did not find anything of interest for $p \in(2, \infty)$ or for $p \in(0,1]$. We do have the following result for values of $p \in(1,2]$.

Theorem 4. For any $p \in(1,2]$ let

$$
p^{\prime}:=\frac{p}{p-1}
$$

Then, for any polynomial $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of degree $n \geq 2$ with coefficients in $\mathbb{C}$ and any $p \in(1,2]$, we have

$$
\begin{equation*}
\left(\left|a_{n}\right|^{p^{\prime}}+\left|2 a_{n-1}\right|^{p^{\prime}}\right)^{1 / p^{\prime}} \leq 2^{n-1} 2^{1 / p}\left(\frac{1}{\pi} \int_{-1}^{1}|f(x)|^{p} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}\right)^{1 / p} \tag{44}
\end{equation*}
$$

Proof. As the first step, we write $f(x)=\sum_{\nu=0}^{n} b_{\nu} T_{\nu}(x)$. Then, clearly

$$
\begin{equation*}
a_{n}=2^{n-1} b_{n} \quad \text { and } \quad a_{n-1}=2^{n-2} b_{n-1} \tag{45}
\end{equation*}
$$

Let

$$
g(\theta):=f(\cos \theta)=\sum_{\nu=0}^{n} b_{\nu} \cos \nu \theta=\sum_{\nu=-n}^{n} c_{\nu} \mathrm{e}^{\mathrm{i} \nu \theta}
$$

where

$$
\begin{equation*}
c_{0}=b_{0} \quad \text { and } \quad c_{-\nu}=c_{\nu}=\frac{1}{2} b_{\nu} \quad(\nu=1, \ldots, n) \tag{46}
\end{equation*}
$$

By a well-known result due to Hausdorff-Young (see [22, p. 101]), if $g$ belongs to $L^{p}(0,2 \pi)$ for some $p \in(1,2]$ and

$$
c_{k}:=\frac{1}{2 \pi} \int_{0}^{2 \pi} g(\theta) \mathrm{e}^{-\mathrm{i} k \theta} \mathrm{~d} \theta \quad(k=0, \pm 1, \pm 2, \ldots),
$$

then with $p^{\prime}:=p /(p-1)$, we have

$$
\left(\sum_{k=-\infty}^{\infty}\left|c_{k}\right|^{p^{\prime}}\right)^{1 / p^{\prime}} \leq\left(\frac{1}{2 \pi} \int_{0}^{2 \pi}|g(\theta)|^{p} \mathrm{~d} \theta\right)^{1 / p}
$$

Hence, taking (46) into account, we obtain

$$
\begin{aligned}
\frac{1}{2^{1 / p}}\left(\left|b_{n}\right|^{p^{\prime}}+\left|b_{n-1}\right|^{p^{\prime}}\right)^{1 / p^{\prime}} & =\left\{2\left(\frac{\left|b_{n}\right|}{2}\right)^{p^{\prime}}+2\left(\frac{\left|b_{n-1}\right|}{2}\right)^{p^{\prime}}\right\}^{1 / p^{\prime}} \\
& \leq\left(\sum_{\nu=-n}^{n}\left|c_{\nu}\right|^{\left.\right|^{\prime}}\right)^{1 / p^{\prime}} \\
& \leq\left(\frac{1}{2 \pi} \int_{0}^{2 \pi}|g(\theta)|^{p} \mathrm{~d} \theta\right)^{1 / p}=\left(\frac{1}{\pi} \int_{0}^{\pi}|g(\theta)|^{p} \mathrm{~d} \theta\right)^{1 / p} \\
& =\left(\frac{1}{\pi} \int_{-1}^{1}|f(x)|^{p} \frac{\mathrm{~d} x}{\sqrt{1-x^{2}}}\right)^{1 / p}
\end{aligned}
$$

In view of (45), this is equivalent to (44).
9. Polynomials satisfying $\int_{-\infty}^{\infty}|f(x)|^{2} \mathrm{e}^{-x^{2}} \mathrm{~d} x \leq 1$. In this last section we wish to present the analogue of (34) for polynomials $f(x):=$ $\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of degree $n$ for which $\int_{-\infty}^{\infty}|f(x)|^{2} \mathrm{e}^{-x^{2}} \mathrm{~d} x \leq 1$. For this we need to recall certain facts about Hermite polynomials [19, p. 52].

There is a unique polynomial $\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ of degree $n$, with prescribed $a_{n} \neq 0$, that satisfies the differential equation

$$
y^{\prime \prime}-2 x y^{\prime}+2 n y=0
$$

The one whose leading term is $2^{n} x^{n}$ is denoted by $H_{n}$ and is called the Hermite polynomial of degree $n$. Hermite polynomials of odd degree are odd and those of even degree are even. The first four Hermite polynomials are

$$
H_{0}=1, H_{1}(x)=2 x, H_{2}(x)=4 x^{2}-2, H_{3}(x)=8 x^{3}-12 x
$$

and for $n=4,5,6, \ldots$ the Maclaurin expansion of $H_{n}$ is

$$
H_{n}(x)=(2 x)^{n}-\frac{n(n-1)}{1!}(2 x)^{n-2}+\frac{n(n-1)(n-2)(n-3)}{2!}(2 x)^{n-4}-\cdots
$$

The Hermite polynomials are orthogonal, with

$$
\int_{-\infty}^{\infty} H_{n}(x) H_{m}(x) \mathrm{e}^{-x^{2}} \mathrm{~d} x=\left\{\begin{array}{cc}
0 & \text { if } m \neq n \\
2^{n} \times n!\sqrt{\pi} & \text { if } m=n
\end{array}\right.
$$

Hence, the polynomials

$$
\begin{equation*}
H_{n}^{*}(x):=\frac{1}{\sqrt{2^{n} n!} \pi^{1 / 4}} H_{n}(x) \quad(n=0,1,2, \ldots) \tag{47}
\end{equation*}
$$

are orthonormal in the sense that

$$
\int_{-\infty}^{\infty} H_{n}^{*}(x) H_{m}^{*}(x) \mathrm{e}^{-x^{2}} \mathrm{~d} x= \begin{cases}0 & \text { if } m \neq n  \tag{48}\\ 1 & \text { if } m=n\end{cases}
$$

Let $H_{m}^{*}(x):=\sum_{\mu=0}^{m} h_{m, \mu}^{*} x^{\mu}$ be the Maclaurin expansion of $H_{m}^{*}(x)$, and note that

$$
\begin{equation*}
h_{m, m}^{*}=\frac{1}{\pi^{1 / 4}} \sqrt{\frac{2^{m}}{m!}} \quad(m=0,1,2, \ldots) \tag{49}
\end{equation*}
$$

Now, we are ready to prove the following analogue of Theorem 3.
Theorem 5. Let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a polynomial of degree $n$ with coefficients in $\mathbb{C}$ such that

$$
\begin{equation*}
\int_{-\infty}^{\infty}|f(x)|^{2} \mathrm{e}^{-x^{2}} \mathrm{~d} x \leq 1 \tag{50}
\end{equation*}
$$

Then,

$$
\begin{equation*}
\left|a_{n}\right|^{2}+\frac{2}{n}\left|a_{n-1}\right|^{2} \leq \frac{2^{n}}{n!\sqrt{\pi}} \tag{51}
\end{equation*}
$$

The inequality is best possible in the sense that the coefficient of $\left|a_{n-1}\right|^{2}$ in (51) cannot be replaced by any number larger than $2 / n$.

Here it may be mentioned that the sharp upper bound for each of the two terms

$$
\left|a_{n}\right|^{2} \text { and } \frac{2}{n}\left|a_{n-1}\right|^{2}
$$

appearing on the left-hand side of (51) is also $2^{n} /(n!\sqrt{\pi})$.
Proof of Theorem 5. Let $f(x)=\sum_{m=0}^{n} \beta_{m} H_{m}^{*}(x)$ be the HermiteFourier expansion of $f$ in terms of $H_{0}^{*}, \ldots, H_{n}^{*}$. Then

$$
\begin{equation*}
\sum_{\nu=0}^{n} a_{\nu} x^{\nu} \equiv \sum_{m=0}^{n} \beta_{m} \sum_{\mu=0}^{m} h_{m, \mu}^{*} x^{\mu} \tag{52}
\end{equation*}
$$

Because of the fact that $h_{n, n-1}^{*}=0$, when we compare the coefficients of $x^{n}$ and of $x^{n-1}$ on the two sides of (52), and take (49) into account, we obtain

$$
\begin{equation*}
a_{n}=h_{n, n}^{*} \beta_{n}=\frac{1}{\pi^{1 / 4}} \sqrt{\frac{2^{n}}{n!}} \beta_{n} \tag{53}
\end{equation*}
$$

and

$$
\begin{equation*}
a_{n-1}=h_{n-1, n-1}^{*} \beta_{n-1}=\frac{1}{\pi^{1 / 4}} \sqrt{\frac{2^{n-1}}{(n-1)!}} \beta_{n-1} \tag{54}
\end{equation*}
$$

Formula (48), applied in conjunction with condition (50), which $f$ satisfies, implies that

$$
\begin{equation*}
\left|\beta_{n}\right|^{2}+\left|\beta_{n-1}\right|^{2} \leq 1 \tag{55}
\end{equation*}
$$

Using (53) and (54) in (55), we obtain

$$
\left|a_{n}\right|^{2}+\frac{2}{n}\left|a_{n-1}\right|^{2}=\left(\left|\beta_{n}\right|^{2}+\left|\beta_{n-1}\right|^{2}\right) \frac{2^{n}}{n!\sqrt{\pi}} \leq \frac{2^{n}}{n!\sqrt{\pi}}
$$

which proves (51).
It is easily checked that (51) becomes an equality for any polynomial of the form

$$
\begin{equation*}
f_{t}(x):=t \mathrm{e}^{\mathrm{i} \alpha} H_{n}^{*}(x)+\sqrt{1-t^{2}} \mathrm{e}^{\mathrm{i} \beta} H_{n-1}^{*}(x) \quad(\alpha \in \mathbb{R}, \beta \in \mathbb{R}) \tag{56}
\end{equation*}
$$

where $t$ can be any number in $[0,1]$.
For any $t$ in $[0,1)$, the polynomial $f_{t}$ appearing in (56) shows that the coefficient of $\left|a_{n-1}\right|^{2}$ in (51) cannot be replaced by any number larger than $2 / n$.

By Schwarz's inequality,

$$
\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right| \leq \sqrt{1+\varepsilon^{2} \frac{n}{2}} \sqrt{\left|a_{n}\right|^{2}+\frac{2}{n}\left|a_{n-1}\right|^{2}}
$$

and so Theorem 5 readily implies the following result
Corollary 6. Let $f(x):=\sum_{\nu=0}^{n} a_{\nu} x^{\nu}$ be a polynomial of degree $n$, with coefficients in $\mathbb{C}$, satisfying (50). Furthermore, let $h_{n, n}^{*}$ denote the coefficient of $x^{n}$ in the Maclaurin expansion of the polynomial $H_{n}^{*}(x)$ defined in (47). Then

$$
\begin{equation*}
\left|a_{n}\right|+\varepsilon\left|a_{n-1}\right| \leq \sqrt{1+\varepsilon^{2} \frac{n}{2}} \frac{1}{\pi^{1 / 4}} \sqrt{\frac{2^{n}}{n!}} \tag{57}
\end{equation*}
$$

The example

$$
f(x):=\frac{\delta}{\sqrt{\varepsilon^{2}+\delta^{2}}} H_{n}^{*}(x)+\frac{\varepsilon}{\sqrt{\varepsilon^{2}+\delta^{2}}} H_{n-1}^{*}(x), \delta:=\sqrt{\frac{2}{n}}
$$

shows that inequality (57) is sharp, and that it cannot be improved even if the coefficients of $f$ are all real.

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